



RIETONDALE HIGH SCHOOL

Private bag X06, Gezina, 0031
Tel: 012 329 0574

E-mail: admin@rietondalehs.co.za
Website: www.rietondalehs.co.za

COVID-19 ADDENDUM TO SCHOOL RULES REGARDING COVID-19 SCHEDULE 2

1. Physical contact:

- 1.1. No physical contact (touching, handshakes, hugs, kisses, fist pumps etc.) between learners is permitted.
- 1.2. Learners must keep a safe distance (1.5m) from other learners at all times.
- 1.3. Learners won't be allowed to share electronic devices, sharing of utensils and meals or drinks, books/ textbooks or stationery or any other items.

2. Fabric facemasks:

- 2.1. Learners must wear fabric face masks at all times according to the requirements of the Department of Health.
- 2.2. The mask must cover the nose and mouth entirely.
- 2.3. Masks may not be pulled down for purposes of speaking, coughing or sneezing.
- 2.4. Masks may not be removed while learners are on the school premises.
- 2.5. Learners may not exchange facemasks with other learners.
- 2.6. Wash fabric face masks daily with soap and hot water and iron when dry.

3. Personal hygiene and cough etiquette.

Learners are encouraged to do the following:

- 3.1. Frequent washing of hands, with soap and water, for at least 20 seconds at a time.
- 3.2. Learners must maintain personal hygiene. This includes daily cleaning of their teeth and nails, daily shower/bathing and wearing a clean uniform every day in so far as it is possible.
- 3.3. Learners should avoid touching their faces and more specifically avoid touching their eyes, mouths and noses.
- 3.4. Learners must cover a sneeze or cough with a flexed elbow or tissue and then immediately dispose of the tissue and then also properly sanitise their hands afterwards.

4. Reporting:

- 4.1. Learners must report to the school/educator if they experience the following:

body aches	fatigue	nausea/ vomiting	fever	diarrhoea	weakness or tiredness
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- 4.2. Learners must report to the school/educator if/when a learner has been in contact with someone who has tested positive for Covid-19.
- 4.3. Learners that feel sick or experience any of the above mentioned symptoms must rather stay home and/or seek medical attention.

5. Misbehaviour:

- 5.1. No behaviour of learners or any person, which constitutes a threat to the health of others, will be permitted.
This includes:
 - 5.1.1. Any behaviour that may lead to the potential spreading of Covid-19 in the school community;
 - 5.1.2. Any behaviour contradictory to the health regulations and rules described in national legislation and regulations; and
 - 5.1.3. Any behaviour contradictory to the school policy/protocol in terms of Covid-19.
- 5.2. Any form of bullying or harassment towards a person that is sick, experiencing symptoms of Covid-19 or share any characteristics with people linked to Covid-19 is strictly prohibited.
- 5.3. Disciplinary proceedings may be instituted against any learner who violates above-mentioned rules/regulations.

Learner: _____

Parent: _____

Signature: _____

Signature: _____

Date: _____

Date: _____

Contact number: _____

Contact number: _____